



**WellbeingHub**  
POWERED BY VIRGIN PULSE

## PRIORITY HEALTH WELLBEING HUB

# Biometric Screening Form Instructions

### Bring the form to your healthcare provider.

A biometric screening is an easy way to get a snapshot of your health. You'll learn important numbers like cholesterol and blood pressure, and it helps keep track of your health over time. To complete your screening, follow these steps:

1. Schedule your annual exam and biometric screening with your healthcare provider.
2. Print the biometric screening form.
  - Head to **Benefits** in the Wellbeing Hub, then select **View All**.
  - Scroll down and select **Biometric Screening Form**, then click **Start Now**.
  - Click **Download** and your Virgin Pulse Member ID will populate the form.
  - Print the form.
3. Bring the form to your provider to complete and sign.
4. Take a picture of your form or scan it to upload your completed and signed form to the Wellbeing Hub.
  - Head to **Benefits** in the Wellbeing Hub, then select **View All**.
  - Scroll down and select **Biometric Screening Form**, then click **Start Now**.
  - Click **Upload Form** and select your completed form to upload it.
  - Confirm the upload to finish.

